



Shree M. P. Shah Arts & Science College,
Surendranagar



FACULTY PROFILE

1. General Information

1.1	Name	Dr. Varsha Valjibhai Dholariya
1.2	Designation	Assistant Professor
1.3	Email Address	dholariyavarsha@gmail.com

2. Administrative Information

Sr. No.	Information	Details	Link (if Required)
2.1.	Subject	Psychology	
2.2	First Appointment Date	04-02-2014	
2.3	Joining Date in Present College	04-02-2014	
2.4	Name and Address of the College	M.P. Shah Arts & Science College, Surendranagar	
2.5	Nature of Appointment	04-02-2014	
2.6	NET-SLET Cleared? Month & Year	-----	
2.7	University Recognition - Letter No. (as UG Teacher)	No. Affiliated 3/219/2014	
2.8	University Recognition - Letter No. (as PG Teacher)	No. PGTR/2/PG/Approved/46/5198/15	
2.9	University Recognition - Letter No. (As M. Phil. Teacher)	-----	
2.10	University Recognition- Letter No. (As Ph.D Guide)	-----	
2.11	Date of Retirement	2041	

3. Educational Qualification:

Sr. No	Degree	Subject	Board/University	Marks	Class	Month/Year	Link
3.1	S.S.C.	Arts	G.S.E.B.Gandhinagar	450/700	First	March-1995	
3.2	H.S.C.	Arts	G.S.E.B.Gandhinagar	397/600	First	March-1997	
3.3	B.A.	Psychology	Saurashtra Uni.	397/700	Second	April-2000	
3.4	M.A.	Psychology	Gujarat University	519/800	First	April-2002	
3.5	Ph.D.	Psychology	BAOU-Ahmadabad	-----		March-2010	
3.6	B. ed.	Education	SNDT -Uni.	906/1200	Dist...	Nov.2008	
3.7	M. ed.	Education	SNDT -Uni.	801/1000	Dist...	May-2011	

4. Other Qualification:

Sr. No.	Names	Uni./Organization	Year	Link
1	CCC+	SPIPA-Rajkot	Nov-2014	
2	Hindi (Govt. Lang. Exam)	Bhasa Niyamakni Kacheri, Gandhinagar	March-2015	

5. Teaching Experience:

Sr. No.	NAME OF THE COLLEGE	FROM	TO	TOTAL EXPERIENCE	Link (if required)
1	M. P. Shah Arts & Science Surendranagar	04/02/2014	Till date...	5 year & 9Month	

Total Experience (U.G.) Years & Months = 5 Yrs. & 9 Month

6. Examination Experience:

Sr. No	Designation	University	Class (Semester)	Month/Year
1.	Invigilater	Sau. Uni	Sem I to VI	2014 to till year
2.	Paper setter	Sau. Uni	Sem I to VI	2014 to till year
3.	Practical Examiner in Psychology	Sau. Uni	Sem V & VI	2014 to till year

7. Other Experience:

8. Orientation, Refresher and Short Term Courses:

Sr. No.	Course	University	From	To	Link (if required)
1	Orientation	Saurashtra University	01-02-2016	28-02-2016	
2	Refresher	Gujarat University	18-12-2017	07-01-2018	
3	STC	Saurashtra University	04-03-2019	10-03-2019	

9. Books Published:

10. Books under preparation/publication:

11. Details of Papers/Articles/Abstracts Published:

Sr. No.	Title	Name of Journal/Book	Page No. From - to	ISSN No.	Month & Year	Link (if required)
1.	Anxiety in youth about aids dieses A Psychological Study.	Peripex-Indian Journals Of Research	p-70-71	2250-1991	Aug-2014	
2.	A Comparative Study Of Suicide tendency Of Science & Arts College Student.	Recent Thought-Vaicharik Pravah	p-40	2278-4594	Jan-2015	
3.	The Importance Of The Qualitative Research in College Education.	Recent Trends	p-59	2348-9715	March-2015	
4.	A Psychological Study Of Mental Health And Adjustment of Obese Adolescents.	Thirteen Plus	p-101	2454-1265	Dec.2015	
5.	Effectiveness Of Teaching Learning Materials In Psychology.	Newest	p-34-37	2349-3372	Jan.2016	
6	The Effectiveness Of Digital Classroom In Teaching.	SPUNK Multidisciplinary Research	p-146-148	2395-7417	Jan.2016	
7	Effective of Co-Operative Learning Method On Achievement In Educational Statistic Of M.Ed. Scholars.	SPUNK Multidisciplinary Research	p-105-108	2395-7417	Oct.2016	

8	A Psychological Study Of Mental Hygiene Of Female Of Shree M P Shah Arts & Science College Surendranagar (P-36)	Peripex Indian Journal	p-36	2250-1991	May-2017	
9	A Comparative Study of Personality Among Primary & Secondary Teacher Of Jasdan taluka (P59-61)	Shrey Journal Of Multidisciplinary Research	p-59-61	2279-0799	July,2017	
10	A comparative of mental Health Among widows and married women	IJRAR	p-1958-1960	2349-5138	June,2018	

12. Research Activities:

12.1 Details of Dissertation of P.G. or M. Phil. / Theses of Ph.D.:

Sr. No.	Title of Dissertation/Theses	Level P.G./M. Phil./Ph.D.	Year of Completion	Name of University	Link (if required)
1	"A Comparative Psychological Study of Job Involvement Adjustment and psychological well-Being of Lady workers of Lijjat Papad of Rajkot City"	Ph.D.	2010	BAOU	

12.2. Research Area: _____

12.3. Research Experience: Years (Excluding Ph.D.)

13. Consultancy/Extension Work:

13.1 Details about consulting, Guest Lecturer, Counseling, Visiting faculty and

13.2 Conduct (held)to Seminar, Workshop, Conference, Orientation Program,

13.3 Your role as a Resource person at any Seminar, Workshop, Conference, Orientation, Refresher and Short term course:

13.4 Details of Extension activities: (including N.S.S./N.C.C., Saptdhara, Udisha ect.)

14. Career Advancement:

Paper Presented in Seminars, Conference, Workshops, Symposia etc.:

Sr. No	Title of the Seminars, Conference, Workshops	Title of the Paper	State/ National/ International Level	Date	Name of the Institute	Link (if required)
1	Psychology for Holistic Living in Global World	The Attitude of Teachers towards Indian psychology & Holistic Approach	International	1 st -3 rd March 2014	SMT. Laxmiben & Chimanlal Maheta (GLS)Arts college- Ahmadabad	
2	Innovative research in Physical education with Interdisciplinary Approaches	The Importance of Sports Psychology in Physical Education	International	24 & 25 march 2017	Bahauddin Arts college, Junagadh.	
3	Goods & Services Tax (GST)Awareness	Participate (Workshop)	State	29th August, 2017	Shree M.P. Shah commerce College, Surendranagar	
4	International “Psychoanalysis in 21 st Century”	Participate (Conference)	International	7 th December, 2017	B. M. Institute of Mental Health. Ahmedabad	
5	“Language, Literature and Nationalism	A Study of Attitude of Nationalism in Gender	International	24 th -25 th February 2018	Gujarat Sahity Academy, Gandhinagar & Government Arts college, Gandhinagar	
6	Indian Academy of Health Psychology	A Comparative Study of Mental Health of government and Private teacher	International	23 rd -25 th November 2018	M.V.PSamaj’S A.C.S.College, Tr yambakeshwar, Nasik, Maharashtra	
7	Psychology Fair	Participate	State	22, Feb, 2019	Organized by Department of Psychology Saurashtra University,	

					Rajkot	
8	Multidisciplinary Research & Innovation	A Study of Emotional Intelligence of B.ed and M.ed Student in Rajkot City	National	3 rd march -2019	Shree Patel Kelavani mandal college of Technology & B.ed.- Junagadh	
9	“Concept of Literature, Culture and Values”	Participate (Workshop)	National	7,8, March, 2019	UGC:HRDC, Saurashtra University, Rajkot	
10	National Symposium on Psychotherapy	Participate (Symposium)	National	4, August	Indian Psychiatric Society	
11	“Mental Health & Counseling Skills: Strategies and Interventions”	Mental Health among labour and non-labour Children’s.	National	16 to 18 August	Department of Psychology, Sardar Patel University	
12	Psychological Testing, Counseling and Mental Health	Psychological well being among Government and Private bank employees.	National	21 st -22 nd September	Gestalt Psychology Welfare Association (GPA)	

15. Details of Participation In Different Committee (S) of College:

No	Particulars	Convener Yes/No	Member Yes/No
1	IQAC/NAAC/AAA Co-ordination		
2	RUSA (Rastriya Uchchar Shiksha Abhiyan)		
3	Student Representative Committee		Yes
4	Cultural (Saptdhara)		Yes
5	Examination		Yes
6	IT Cell		
7	Documentation and Backup Committee		Yes
8	Women’s Development Cell		
9	Grievances Redressal Cell		
10	Equal Opportunity Cell		
11	SC/ST/OBC/Minority Cell		
12	Anti Raining & Anti harassment Cell		Yes
13	Infrastructure Maintenance		
14	AISHE committee		
15	Budget/Purchase		

16	Admission		Yes
17	Time Table And Planning		
18	Discipline/internal complain Committee		Yes
19	Counseling/ Placement (Udisha)		Yes
20	Scholarship And Medal		
21	Finishing School		
22	UGC		
23	S.T Pass		
24	Library Advisory		Yes
25	Magazine		
26	Sports		
27	N.C.C.		
28	N.S.S.		